

Awareness Session on World AIDS Day at APS Jammu Cantt

Army Public School Jammu Cantt organized an informative and engaging awareness session on the occasion of World AIDS Day on 28th November 2024 in the MP Hall of the school. The session was conducted by Lt. Col. Sumeena Bajaj (SHO) and her team, aimed to educate students from classes VI to XI about HIV/AIDS, dispel misconceptions, and promote awareness about prevention and support.

The event began with a warm welcome address by Ms. Priyanka Andotra, the school counselor, who emphasized the significance of observing World AIDS Day to spread awareness and foster compassion towards those affected. Lt. Col. Sumeena Bajaj used a combination of PowerPoint presentations and animated videos to effectively convey key aspects of HIV/AIDS, including transmission, symptoms, treatment, and prevention. These visual aids captivated the students' attention, making the session more engaging and impactful.

The interactive session also included a question-and-answer segment where students enthusiastically posed queries, reflecting their keen interest and desire to learn more about the subject. Lt. Col. Sumeena Bajaj and her team addressed these questions with clarity and precision, ensuring that the students gained a thorough understanding. To further reinforce the session's key messages, informative pamphlets were distributed to both students and teachers.

In her concluding address, Principal Ms. Puneet Kaur not only lauded the efforts of Lt. Col. Sumeena Bajaj and her team but also took the opportunity to raise awareness about the ill effects of microplastics on the environment and human health. She highlighted how microplastics contaminate food and water, posing severe health risks, and urged students to adopt eco-friendly practices. Additionally, she stressed the importance of maintaining good health and hygiene, encouraging students to lead sustainable and healthy lifestyles.

The program was a resounding success, leaving the students enriched with knowledge about HIV/AIDS and inspired to contribute to a healthier, more informed, and environmentally conscious society.



