

Army Public School Jammu Cantt

Session on Career Guidance

On 19 December 2024, Army Public School organised a session on career guidance for classes VIII to XI in the school premises. The event was designed to help students explore diverse career paths, understand current industry trends, and align their skills and interests with their future aspirations. The session was conducted by the school counsellor, Ms Priyanka Andotra. The session was further taken over by Ms Taruna and Ms Surbhi Mahajan from the department of Science, Ms Sushma and Ms Sheela Sharma from the department of Humanities, and finally by Mr Anil from the Commerce department. The session aimed to:

- Help students identify their strengths, interests, values, and aspirations to better understand their potential career paths.
- Educate students about various career options, emerging industries and the qualifications or skills required for different professions.
- Assist students in setting short-term and long-term career goals that align with their abilities and interests.
- Equip students with tools and strategies to make informed and confident career-related decisions.
- Emphasise the importance of continuous learning and adaptability in an ever-changing job market.
- Highlight the relevance of their current education and subjects to future career opportunities.
- Offer guidance on overcoming potential barriers like financial constraints, competition, lack of opportunities etc.
- Encourage students to aspire toward fulfilling careers that not only provide financial stability but also personal satisfaction and societal impact.

The session concluded with an interactive Q&A session that fostered a dynamic exchange of ideas, enabling participants to address their concerns and gain a deeper understanding of their careers.

