

Army Public School Jammu Cantt

Career Guidance Programme

On 13 December ,2024, **Army Public School Jammu Cantt** organized an online and offline orientation session on career counselling for students and parents of class X to XII by **VIOSA** (Virtual Interactive Online Student Advisor) and **MENTORIA** respectively which are innovative platforms providing online career counselling and career assessment tools tailored to the needs of students. **Mr. Shaffiq** and **Dr.Sumit Chauhan** were the speaker from VIOSA and MENTORIA respectively. The session aimed to guide students in exploring various career options, understanding their strengths, and making informed decisions about their future academic and professional paths.

VIOSA connects students with professional career counsellors via virtual session. The session is designed to provide personalized guidance based on individual interests, strengths, and aspirations. The highlights of the session are:

- ❖ **Psychometric Tests:** VIOSA offers scientifically designed assessments to evaluate a student's aptitude, personality, and interests.
- ❖ **Skills Mapping:** The platform identifies key skills and matches them with potential career paths.
- ❖ **Goal Setting:** Students are guided on setting achievable short-term and long-term goals.
- ❖ **Informed Choices:** VIOSA empowers students to choose careers aligned with their strengths.
- ❖ **Convenience:** Online access allows flexibility and accessibility for students in remote areas.
- ❖ **Confidence Building:** Early exposure to career options instils confidence in decision-making.
- ❖ **AI Assistance:** AI-driven career suggestions.
- ❖ **Feedback:** Real-time feedback from counsellors and Parent involvement in career discussions.

On the other hand, the offline programme for parents of Classes IX to XII began with an engaging introduction by the MENTORIA team, who shared their mission to provide clarity and direction to young minds to explore various career options, understand personal interests, and evaluate aptitudes.

The MENTORIA team shared valuable insights about emerging career trends and the evolving job market. The session emphasized the importance of adaptability, continuous learning, and interdisciplinary skills in today's competitive world.

Parents had the opportunity to ask questions and seek advice on various career-related topics, including stream selection, higher education opportunities, and skill development for their wards.

Many parents expressed gratitude for the guidance they received for the future of their wards

