

"Empowering Minds: Prabal Army Super 50 Workshop for Competitive Excellence"

The *Prabal Army Super 50* workshop was held at Army Public School, Jammu Cantt on 28 Oct, 2024 with the objective of enhancing students' academic capabilities and preparing them for competitive examinations such as IIT-JEE and NEET. This initiative aligns with the Army's goal of providing students with high-quality mentoring to unlock their full potential and explore career options in both civilian and defense sectors.

During the workshop, Mr. Sanjeev, the resource person, emphasized the structure and philosophy behind the **Super 30 model**, focusing on its relevance to the Prabal Army Super 50 initiative. He shared the following insights:

1. **1-Year Residential Mentoring Program** : The Prabal Army Super 50 offers a **residential coaching** program where students receive focused preparation for **JEE Mains** and **NEET**. The environment ensures minimal distractions, fostering complete immersion in academics and personal development.
2. **Concept of Super 30** : Inspired by the success of Super 30, the Prabal Army Super 50 seeks to provide free, high-quality education to deserving students from underprivileged backgrounds. The program focuses not only on academic excellence but also on building self-discipline and mental resilience.
3. **Learning and Testing System** : The program emphasizes concept-based learning rather than rote memorization. Proper testing system is in place to assess students' progress and identify areas for improvement. Mock exams are designed to simulate real competitive exam environments, helping students build confidence and manage time effectively.
4. **Selection Process and Eligibility** : Students are selected through a rigorous screening process that includes entrance tests and interviews. The eligibility criteria focus on academic merit and the financial background of the student, ensuring that the program benefits those most in need.
5. **Focus on Best Results** : The aim is to achieve top-tier results in competitive exams like JEE Mains and NEET, giving students access to India's best engineering and medical institutions.

Students gained insights into the preparation strategies required for JEE and NEET. Many participants expressed interest in applying for the 1-year residential program. The stories of success shared by Mr. Sanjeev inspired students to stay committed to their goals. The testing and feedback system introduced during the workshop equipped students with tools for self-assessment.

The workshop was highly successful, with students appreciating the detailed guidance provided by Mr. Sanjeev. The focus **on** learning, testing, and achieving the best results resonated with participants, who felt better prepared for their academic journey. The Prabal Army Super 50 workshop not only introduced students to new learning methodologies but also highlighted the importance of discipline, focus, and continuous evaluation in achieving academic and personal success.

