



APSJC Zenesta



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PUNEET KAUR
(Principal)

MESSAGE BY PRINCIPAL

It fills me with immense pleasure and pride to pen down this message as Army Public School Jammu Cantt. is releasing its first E-Newsletter APSJC ZENESTA.

The outbreak of covid has enlightened us that change is inevitable. It has worked as a catalyst for the educational institutes to grow in various dimensions and opt for the platform and techniques which have not been used before. APSJC is oriented to the holistic development of child and to adapt various methods suiting the dynamic of changing world in order to achieve common goals and objectives. This E-Newsletter will be published quarterly and will serve as a platform for the students and teachers to show case their creative pursuits, which develop in them the originality of thoughts and perception. I am proud to say that it will also serve as a forum for expression of the literary and artistic skills of the students.

MESSAGE BY VICE PRINCIPAL

As the Vice Principal of APSJC family, I consider it my privilege to pen down my message for our newly launched school E-Newsletter.



Manmeet Kour
(Vice Principal)

I firmly believe that actions determine the quality of our life. At APSJC, we believe that every child is a gift of God, and that excellence is the way of life. Keeping this in mind we provide the students value-based education, opportunities to grow in every sphere of life both in academics and in their personality development. In the field of co-curricular activities, games and sports our students are paving their ways towards great heights. We have tried to share these through our E-Newsletter.

At last, I send vibrations of joy and peace to all those who browse through this newsletter and may all receive God's abundant blessings!

MESSAGE BY EDITOR



Ranjana Sharma
(Editor)

It is indeed a great honour to be the Newsletter Editor for APSJC Zenesta and it is an immense privilege to launch the first edition for 2020. Education is not just about the subjects that are learnt and taught in school It is a lifelong exercise that can be unbelievably exciting if we wish to have wings of experience and ready to take a flight to every conceivable place on the earth. Experience which a child gathers develop a sense of creativity and imagination and lead to something that is often thought to be more important than knowledge and we promise you that we are going to keep you informed on all the activities organized by the school. Words have the power to transform the world we live in.

Thank you. We hope you will find APSJC Zenesta informative.

Education is an ornament in prosperity and a refuge in adversity.

- Dr. A P J Abdul Kalam

MISSION

Army Public School Jammu Cantt prepare students to understand, contribute to, and succeed in a rapidly changing society, thus making the world a better and more just free place. We ensure that our students develop skills that a sound education provides.

Army Public School Jammu Cantt strives to provide learning environment with empowered faculty and required infrastructure for children to realize full potential and to face challenges of life.

VISION

Army Public School Jammu Cantt has a vision to be an organisation committed to excellence for holistic development of children making them global citizens for Nation building

MOTTO

“QUALITY EDUCATION & CHARACTER BUILDING”

e-TEACHING & LEARNING

Digitization of education was already underway before the pandemic, but the crisis has accelerated the transformation. APSJC Teachers' who were used to traditional classroom methods have had to shift rapidly to online teaching which was earlier part of the long term plan.

On 29 April 2020, APS Jammu Cantt, signed up for 'Office 365 Education-A1'. Regular Online teaching is conducted through MS Teams App. Teachers are sharing their e content in the form of ppts/ pdf/ audio/ video through Whats App group or email. They also used their self made youtube links to disseminate the information.

The software purchased by the school is an affordable suite of powerful tools built for educators and students and is accessible from our mobiles and laptops. It includes Word, Excel, PowerPoint, One Note, and Microsoft Teams, plus additional classroom tools. It enabled us to get all faculty, staff and students on one platform so we could easily exchange information, schedule meetings, and enhance Teaching- Learning process.

The secret in education lies in respecting the students.

- Ralph Walde Emerson



LIVE CONCLAVE

The recent times of pandemic have drawn the attention of the world to the need for a shift in our lifestyle, approach to life and management skills. It has highlighted the need to rethink about skill building for professional competence. It has brought the audience including both students and teachers closer to technology and the journey of competition has certainly begun in this era of technical skill full learning

CBSE and other educational organizations are organizing Online Capacity Building Programs for teachers to throw light upon various skills that are to be present in all 21st century educators which would enable them to cope-up and succeed in facing challenges in real-life there by bringing about a holistic progress not only for themselves but also for the development of the society.

Many teachers of APSJC attended number of webinars/ conferences conducted by different organisations such as Spic Macay, OP Global Jindal University, Ist step into Artificial Intelligence, Diksha CBSE etc.

It's a proud moment for Army Public School Jammu Cantt that one of our educator Ms Surbhi Mahajan (PGT Biology) and Ms Lalita Kumari were felicitated by NIOS for conducting online innovative and interesting lectures for higher classes.

During summer vacation Capacity Building Workshop was conducted for teachers where in eminent resource persons from our school shared their valuable information and thoughts with the teachers. Ms Monika Kumari highlighted the importance of English through her lecture on English Communication Skills. Stressing upon ethics and moral values of our culture and traditions Mr Puran Chand delivered a fantabulous speech.

One of the most important segment of education is holistic development, keeping this key area in mind Ms Priyanka Andotra endowed her ideas and techniques to deal with emotional intelligence.

The most important thing is that journey of competition is a process, not an endpoint.

Competitions provide a myriad of opportunities to students, it's a platform to demonstrate one's talent, a stepping stone to achieve greater things in life. These competitions represent unconventional but effective ways to explore and exposure to real world.

By participating in competitions one gets an opportunity to show one's talent and skills. Even in this pandemic, the excitement to participate in online competitions was not an iota less in the students of Army Public School."

"Education is simply the soul of a society as it passes from one generation to another".

- G.K. Chesterton

SOLEMNISATION & JUBILATION

Celebrating events and festivals in school have become an integral part of learning and building a strong cultural belief in child. This emancipates an overall growth in a child and creates a close bond between educator and the pupil. Even the pandemic could not stop the teachers and students to celebrate fiesta and festivals. Teachers celebrated these days on Whatsapp group and on Online app.

Activity teachers of APSJC are not an iota less to keep the spirits of the students high by using their zeal and zing during summer vacation. They conducted evening classes to relax and calm their senses in this stressful atmosphere

- ❖ Ms. Priyanka, the counselor of the school took Online counseling sessions with the students related to the emotional problems.
- ❖ Army Welfare Education Society (AWES) is celebrated as a Foundation Day in Army Public School on 29 th April 2020. A podcast by CCA Incharge was delivered, highlighting AWES achievements.
- ❖ To boost –up the moral of the teachers Ms Puneet Kour, the Principal of the school conducted a session on "Happy Hour" followed by Laughter therapy on Laughter Day by Mrs. Anita Sharma.
- ❖ The concept of yoga as an exercise in controlling and training body and mind as part of human health was conceived by ancient Indians. Yoga is a pure physical and mental exercise for the well-being of human being and the tradition has come down to us from the antiquity. Sports teacher took Yoga sections on 21st June to celebrate International Yoga Day.



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- G.K. Chesterton

PRETENTIOUSLY ARTISTIC

Every activity in school life plays a significant role in development of students. Co-curricular activities are meant to bring social skills, intellectual skills, moral values, personality progress and character appeal in students. It includes athletics, cultural events, Library activities, creative arts etc.

Co-curricular activities are merged with academics therefore, it ensure that students get to learn effectively. Students perform co-curricular activities in schools, which help them sharpen their communication skills, expression skills, public speaking and sense of belongingness through different activities.

Art and craft, music, dance, athletics and yoga all these activities are beneficial for students physical fitness as well as mental health. Co-curricular activities make teaching and learning experience exciting for both students and teachers.

“What we learn with pleasure we never forget”.

- Alfred Mercier

