

# ARMY PUBLIC SCHOOL JAMMU CANTT

## SUMMER CAMP DAY 2

**24<sup>TH</sup> JUNE 2022 (FRIDAY)**

Students were all excited for second day of the summer camp. The day started with Yoga by Mr. Rashav where students and teachers practised Suryanamaskar along with few other asanas. Yoga session was followed by sports activities which included Basketball, Volleyball, Chess, Skating, Table Tennis and Badminton. The day was divided into two slots. Games and sports were the attraction of Slot 1 whereas Art based activities were the highlights of Slot 2. After the completion of Slot 1, refreshment was distributed and a break of 30 minutes was given. Slot 2 activities included Marble printing, Music, Instrumental and Dance which were the most power packed and exciting activities. Students enjoyed to the core and the day ended with happiness and laughter with Zumba.

